Take a hike or ride your bike on Saint Paul’s East Side

The Bruce Vento Regional Trail travels through a string of beautiful city parks on Saint Paul’s East Side. The trail also connects many useful destinations — from the YMCA on Arcade Street, to the Library on East Seventh to the Saint Paul Farmers Market in Lowertown. Now you have somewhere to go, or need a little exercise, get out on the trail! You’ll be glad you did!

1. Eastside Heritage Park
Gather with family and friends, take a stroll and learn about local history in this appealing new park.
Trailhead with parking lot, bathrooms, picnic pavilion and interpretive kiosks: Payne Blvd between Payne Avenue & Arcade Street

2. Swede Hollow Park
Women of Minnesota investigated once made their homes in this forested valley. Today, visitors enjoy Swede Hollow Park and historic features that include the distinctive Seventh Street arches. Trailhead and parking lot: Payne Avenue & East Seventh Street

3. Skidmore Park
In the late 1800s, a developer donated five city lots on this block for a park. Today, the Dayton’s Bluff Greenway Committee is developing community gardens here. 1129 East Fourth Street

4. Bruce Vento Nature Sanctuary
Nestled below towering bluffs on the Mississippi River, this park provides a beautiful setting for bird watchers, hikers and bikers. Parking lot and entrance: Lowertown

5. Indian Mounds Park
Perched along the top of the Mississippi River bluffs, this park offers stunning views and nearly three miles of trails. Six burial mounds bear testimony to the land’s use as a grove and ceremonial area by the Hupawet and, more recently, the Dakota. Overlook parking lot: Mounds Blvd between Plum & Cherry Streets

6. Mears Park
This charming, nature-filled square in the heart of Lowertown is known for its outdoor concerts, holiday lights and lively ambiance.

Map Key
- Bike Trail
- Other Trail
- Bike Lane

Lower Landing
Sam Morgan Blvd

East

Mississippi River

Map by Minnehaha Media
www.minnehahamediainc.com